Nano was one who set out on a project filled with obstacles, yet one step at a time she kept looking in hope for the next right answer. Nano struggled, but she was renewed each day. May we, too, be women and men of welcoming hearts, whose words and actions continue to speak the language of the heart each day.

**BELIEVE**
Money ran out, people deserted her and through it all Nano maintained hope and a deep faith in God who enabled her to do the most extraordinary things.

**HEAL**
May we bring the light of hope to the dark places of despair and injustice, witnessing God’s tender care for all.

**ACTION**
Walking in Nano’s footsteps, we are invited to show hope through small everyday activities that ripple beyond ourselves. Everything we do has a global effect.

- Start composting your food waste.
- Educate yourself on conscious consumerism and buy locally.
- Use reusable shopping bags.
- Start a sustainability initiative in your school, workplace or community.
- When shopping, try to buy from a small business or craftsperson.
- Avoid buying products which involve sweatshop labor.
- Ask "What do I need?" rather than "What do I want?"
- Offer hope to those who are looking for ways to change their life.

**GLOBAL GOAL**
We, Presentation people, commit to respond to the cry of Earth and to people made poor by embracing the Sustainable Development Goals, providing us a plan of action for living the values of Nano’s life.

**RESPONSIBLE CONSUMPTION & PRODUCTION**
Ensure sustainable consumption and production patterns.

Reducing food waste, corporate sustainability practice, and making people aware of how their lifestyle choices make a difference is becoming more imperative as the total domestic material consumption continues to rise worldwide. Awareness about business practices and consumer behavior are the keys to changing our actions.

Do we bring hope to those who advocate for sustainable consumption and do our part to bring about change?

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Kevin Cummings, PBVM

A saint walked among us and graced us with her life. In God’s good time she pursued a dream that could not be deferred. In Cork City this servant of Divine Providence defied penal oppression to plant hope.

Corine Murray, PBVM

Held together with the thread of love, the early sisters strove to raise their lanterns of hope high, as Nano did, by teaching and helping all who flocked to them for learning.

Kevin Cummings, PBVM