Think of mothers, wives, daughters who have many mouths to feed but cannot because of famine, floods, drought. Think of the ‘women who preside at life’s Eucharistic banquet, breaking the bread of their lives to feed the hungry of the world.’ – Astrid Lobo Gajiwala.

Seek out a mother on the margins in your neighbourhood and listen to her story. Who or what are you mothering today to feed those who hunger for justice, hunger for dignity, hunger for eucharist, hunger for oneness, hunger for mother God?

 Keep a journal to continue to reflect on your experiences.

Spirituality and Charism Team
Terry Abraham, PBVM; Maria Lazzaro, PBVM; Dorothy Scesny, PBVM